



The Northampton  
County  
Medical Society



Northampton County Medical Society and  
St. Luke's University Health Network

**Dinner Meeting with CME Credit  
Hotel Bethlehem Ballroom**

437 Main Street  
Bethlehem, PA 18018

**Tuesday September 25, 2018**

6:00PM Registration-Social / 6:30PM Dinner / 7 PM Program

**Physician Burnout**

*“Strategies for Using Your Emotional Intelligence to Prevent Burnout”*

**Presented by: Kandi Wiens, Ed.D.**

Kandi Wiens is a faculty member at the University of Pennsylvania, a Harvard Business Review contributor, national speaker, executive coach, and trusted advisor to health care leaders. She recently completed a research study on Chief Medical Officers, which focused on identifying individual and organizational strategies used to prevent and mitigate burnout. Her research has been recognized by the American Medical Association and is now being used to inform the design and development of physician well-being and burnout prevention strategies within several health care systems.

Please register online @: <http://nc-medsoc.org/content/northampton-county-medical-society-events>

**Registration is open until September 19, 2018**

**At the conclusion of this program the learner will be able to:**

- Understand the causes and symptoms of burnout
- Learn why some people are better equipped to handle stress and prevent burnout
- Understand why and how emotional agility helps us manage stress
- Develop strategies to increase your emotional intelligence and ability to deal with stress.

This activity has been planned and implanted in accordance with accreditation requirements and policies of the Pennsylvania Medical Society (PMS) through joint partnership of Northampton County Medical Society and St. Luke's University Health Network. St. Luke's University Health Network is accredited by PMS to provide continuing medical education for physicians and designates this live educational activity for

**1.5 AMA PRA Category 1 Patient Safety Credits™.**

Physicians should only claim credit commensurate with the extent of their participation in the education activity.

Faculty and all others who have the ability to control the content of continuing medical education activities sponsored by St. Luke's University Health Network are expected to disclose to the audience whether they do or do not have any real or apparent conflict(s) of interest or other relationships related to the content of their presentations(s).